

Trigger warnings

The story includes references to or depictions of:

Graphic violence and battle scenes

Sexual assault and non-consensual acts

Sexual abuse (past and implied)

Emotional abuse and manipulation

Bullying

Alcohol consumption

Strong language (profanity)

Suicidal thoughts

Dear reader,

If you've stumbled upon this letter, it means you care deeply about what kind of themes **Gifted** might explore. So first let me say: I'm proud of you for prioritizing your mental health and well-being, and for taking the time to learn more before diving in.

It's because I also care about your well-being that I'm writing this in the first place.

Gifted tells the story of Elaine, an orphan raised in a harsh military world where she constantly feels out of place. The society around her is unforgiving, shaped by rigid ideas of gender and power. Elaine faces challenges that leave her carrying scars, both visible and invisible, and she must learn to navigate not only external battles but also the weight of her own sense of self.

In creating this world, I couldn't shy away from the reality of how cruelty, injustice, and loss leave lasting marks. At the same time, I took great care to ensure these elements were never included for shock value just for the sake of storytelling. For me, the true heart of this book lies in **healing, growth, and the enduring strength of hope**. Elaine's journey is difficult, but it is also one of resilience, courage, and deep transformation.

I know that for some readers, stepping into such a story may feel overwhelming—and there is absolutely nothing wrong with deciding it's not the right time or the right book for you. Protecting your peace of mind takes a strength of its own, and if you choose to walk away, know you have my full respect and admiration.

But if you do feel ready to journey with Elaine, to sit with her struggles as well as her triumphs, then welcome. **Gifted** is my love letter to every woman who has had to fight harder to pursue their dreams, but who never lost hope no matter how dark and lonely the world may have seemed. My wish is that, if you choose to open this book, you can put it down at the end feeling transformed and enriched in the best way possible.

If you'd like a **more detailed overview of potentially sensitive themes**, I'll be glad to share it with you directly. You can reach me through the [Contact page](#) on this site or on Instagram [@author.mavi](#).

Thank you for showing interest in **Gifted**.

Best wishes,

Mavi Parolin